wic program manual

WIC 210-50.13

SECTION: CERTIFICATION

SUBJECT: Eligibility Requirement

ITEM: Women: Nutrition Assessment Requirements-

Determining Clinical Nutrition Need



Policy

The competent professional authority (CPA) shall assess whether a clinical nutrition need exists at each certification. The CPA shall use the woman's age, medical history, and the woman's responses to the category specific health questions in the Integrated Statewide Information System (ISIS). The CPA shall obtain the information from:

- a referral form,
- a medical or clinical record,
- appropriate ISIS screens,
- self-reported information from the woman, or
- a nutrition questionnaire.

If the CPA obtains information from any source <u>other</u> than the referral form or nutrition questionnaire, the CPA shall document the source in ISIS in "Individual Comments."

Authority for policy

7 CFR 246.7 (e)

Determining need

<u>Clinical nutrition need</u> is determined by evaluating participants' age, medical history, pregnancy history, social, or other factors. See WPM Sections 210-50.4 and 210-50.5 for definitions of specific clinical indicators of nutrition need.

If a woman uses drugs or alcohol

The CPA shall ask the supplemental alcohol and/or drug questions in ISIS if a woman admits that she is currently using or has a history of an alcohol or drug problem.

Nutrition need identified

When ISIS identifies an indicator of nutrition need based upon category specific health information and questions, the CPA may choose to ask any of the health questions in "Supplemental Questions for Women" to identify further indicators. (See WPM Section 210-50.1)

March 20, 1998 Page 1 of 2

Nutrition need <u>not</u> identified

If a woman does not have an indicator of nutrition need based upon the anthropometric, biochemical, clinical, and dietary assessment, the CPA shall review the "Supplemental Questions for Women" for other indicators of nutrition need until:

- an indicator of nutrition need is found, or
- the CPA determines that the woman is ineligible for WIC benefits.

Assessment and documentation

Local agencies shall document identified indicators of clinical nutrition need(s) in ISIS beginning with the appropriate "Health Information" screen. At a minimum, local agencies shall ask participants/applicants all questions contained on the "Health Questions" and "Additional Health Questions" screens. Other clinical indicators of nutrition need can be selected using the option key in the "Other Conditions" field(s).

March 20, 1998 Page 2 of 2